



PRAYER CALLS

Call Chat Pray

In this time of being alone when so many people will be feeling isolated and fearful, it is a great opportunity to share a prayer when we are chatting to someone on the phone. Many of us will be phoning people more than normal and connecting with those who are feeling ill, lonely, worried, cooped up or bereaved.



A prayer for the anxious:

Loving God, thank you that you are our Almighty Father. We are grateful that you have promised to be with us always and never to leave or forsake us. Thank you for your love for all those we have been thinking about today. We pray that you will heal and comfort anyone who is struggling at this time with illness or isolation. Thank you for Jesus' words: "Peace I leave with you. My peace I give to you. I do not give it as the world gives. Do not let your hearts be troubled and do not be afraid.". May we experience your peace which goes beyond all understanding now.



A prayer for the isolated:

Loving Lord, thank you that you know everything and nothing surprises you. Help us to know that even when we feel alone, you are with us. Enable us to remember that we can always talk to you and share all our thoughts and feelings with you. Be with all those we are concerned about today. Help those who are struggling with illness, loneliness, anxiety or frustration and give them your healing and peace. Please give us the ability and the words to reach out to others with your loving care.



A prayer for the overwhelmed:

Unshakeable God, you can be our ever-present help in times of trouble. Amidst all the isolation, grief and fear caused by the pandemic, renew in us your peace, give us your perspective and reveal to us your presence. We name before you now Lord all those known to us who are in need and ask that you would comfort and heal them..... "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."



A prayer for the ill:

Heavenly Father, thank you for your love for each one of us. Thank you that you died on the cross in our place and you understand all our sufferings. Help us to remember that you calmed the storm and you are with us always. I pray for now. May you put your healing arms around them and may they be aware of your constant care. We pray that you would heal them from illness and free them from all anxiety. Help us to trust in your goodness and rely on your strength.



A prayer for the bereaved:

God of comfort and compassion, we come seeking the faith to trust in you and your unending love. We come to open our hearts to you, faced as we are with the reality of death and sorrow. We ask for your help in our sadness and confusion. Enable us to look back with love and thanksgiving and to bring all our grief and sorrow to you. Show us how to shelter under the shadow of your wings and to discover the reality of your constant love in new ways. May we and all those who are feeling sad and lonely experience the miracle of your peace even as we mourn.



A prayer for the cooped up:

Loving God, thank you for our families and those we live with. Help us to be full of your love as we live together and spend so much time in each other's company. Please show us how to be kind and gentle, to be thoughtful and unselfish. Lord you know that it isn't always easy to care for those we love. Enable us to act in loving ways, even when we don't feel like it. Show us how to give each other space and to recharge our batteries. Help us to laugh and have fun together and to make the most of all the opportunities you give us to help and encourage others.

In Jesus' name, Amen.



A night-time prayer:

Now Father we commend ourselves to you this night, Watch us keep us and defend us til break of morning light.

In Jesus' name, Amen.



'Sometimes it might be good to offer to read a Bible passage over the phone like Psalm 91, Psalm 23 or when Jesus calmed the storm in Mark 4:35-4.'

Here are some Bible verses you might like to use when you pray over the phone:

Jesus said, "Peace I leave with you. My peace I give to you. I do not give it as the world gives. Do not let your hearts be troubled and do not be afraid."

John 14:27

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13

God has said, "Never will I leave you; never will I forsake you."

Hebrews 13:5

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4: 6

'Speak soon.'